

Ultimate Packing List for

Costa Rica

TRAVEL ESSENTIALS

- Insulated water bottle
- Micro fiber towel
- Original passport with >90 days until expiration
- Original drivers license
- Credit/debit card
- Travel insurance
- Photocopy of documents
- Return home ticket
- Spanish dictionary/guide
- Travel luggage locks Pens
- Face mask
- Eyemask
- Flashlight/headlamp
- Travel pillow
- Waterproof phone case
- Costa Rica map
- Travel hair dryer
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TECHNOLOGY

Costa Rica uses 110 Volts.

- Phone & charger
- Battery pack
- SD Cards Class 10 w/ lots of room
- Chargers
- Plug adapter
- Action cam with mounts
- Selfie stick
- Headphones or earbuds
- Kindle
- Waterproof phone case or pouch

CLOTHING & SHOES

No strict dress code, aim for casual.
Clothes that dry fast and wick away moisture are best.

- Shorts
- T-shirts
- Tank tops
- Swimwear: bathing suit, board shorts, sarong, beach cover up
- Sunglasses
- Hat or visor
- Rain jacket in rainy season
- Socks
- Long pants and jacket/sweater (if going to high elevation areas like Monteverde, Perez Zeledon, San Gerardo de Dota and the mountains)
- Sundresses
- Underwear
- Sleepwear
- Outdoor/hiking clothes
- Rash guard
- Sports bra
- Flip flops
- Closed toed hiking sandals or water shoes and tennis shoes
- Hiking shoes/boots if going on long hikes

TOILETRIES

- Toothbrush & toothpaste
- Floss
- Face wash
- Makeup remover
- Deodorant
- Shampoo & conditioner
- Hair detangler spray
- Chapstick with SPF
- Razor
- Hair brush
- Hair ties
- Sunscreen, at least SPF 30
- After sun gel
- Mosquito repellent
- Small travel mirror
- Female hygiene products
- Tweezers
- Nail clipper
- Lotion
- Contact lens solution & case

FIRST AID KIT

- Afterbite cream
- Hydrocortisone cream
- Neosporin/antibiotic ointment
- Allergy medicine
- Band aids
- Dramamine/anti nausea medicine
- Pain killers
- Tissues
- Hand sanitizer
- Disinfectant wipes
- Prescribed medications

LUGGAGE

- Suitcase or backpack
- Day pack (waterproof in rainy season)
- Packing cubes or organizer
- Laundry bag
- Small purse
- Rain cover